



**Applied Methodology to Comprehend
the Mizāj of A‘dā’ Mufrada
With Logical Consideration**

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Dr Mohd Anus Ansari (born in 1989, Delhi) completed his graduation in *Unani* medicine from *University of Delhi* and earned his MD in *Kulliyat* from *Aligarh Muslim University*. His area of interest is basic principles of *Unani* medicine and its applied aspect. At present, he is serving as *Assistant Professor* in *Dept. of Kulliyat*, *Uttaranchal Unani Medical College and Hospital*, Haridwar, *Uttarakhand*. His worksheet shows his contribution as the author of more than 25 research publications in esteemed journals of National & International repute. So far, he has authored two books, one describing determinants of *Mizāj* and the other recounting of *A'dā' Mufrada* on modern scientific scales for the first time after the *Ibn Sina*. This book being his third piece of interest, discusses the *Mizāj* of *A'dā' Mufrada* with the help of scientific parameters to make concept more clear and evident to the scholars of the subject.

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